

Risk Assessment Chart for Activities

St. Margaret's School

2011 - 2012

The safety and well being of St. Margaret's residents are our first priority. The following pages contain descriptions of the activities your daughter may be involved in during her time here at St. Margaret's. If you have any questions or concerns about your daughter's participation, please do not hesitate to contact Mary Cameron (mcameron@stmarg.ca) or Megan Hedderick (mhedderick@stmarg.ca).

How to Read the Assessment Chart

<i>Type of Activity</i>	<i>Environment and Risk Management</i>	<i>Risk Management</i>
This section lists the name or type of activity we'll be engaging in.	This section lists the possible events that may cause injury.	This section lists ways that the risk of injury is minimized by the trip chaperones and boarders.
WINTER SPORTS Downhill skiing and snowboarding. Skating, tubing, sledding, dog sledding	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - steep, icy slopes where students may lose control - busy day lodge with wet/icy stairs and heavy crowds - possible inclement weather (rain, sudden changes in weather, snow or wind) - potentially dangerous equipment such as snowmaking machines, chairlifts, gondolas, snowmobiles, tow ropes, t-bars, toboggans, dogsled and lead lines - other users of the hill (skiers, snowboarders, skaters, sledders) who may not be in control or following instructions - alpine ski/boot binding systems may not release at all times or under all circumstances - it is difficult to predict when a binding will release; therefore, the binding system is no guarantee that the user will not be injured - skiing or boarding on a hill that is beyond the student's ability - student may not abide by the rules and boundaries set out by the leaders or chaperones - possibility of falling and striking any number of objects - an icy hill where students may lose control when riding on a tube or sled - sled dogs may be unpredictable and/or hard to manage - potential to lose control of the sled and leave the trail - separation from the group 	<ul style="list-style-type: none"> - student's ski ability is assessed by a professional ski instructor and they are in the appropriate level lesson - adult chaperones are present and accessible to students while skiing, boarding, skating, tubing, or sledding - students are required to wear protective headgear, wrist gear and appropriate clothing - chaperones will carry a first aid kit and a cellular phone - staff persons have Emergency 1st Aid - ski instructors will outline ski hill on which the students should remain (no out of bound areas or other hazardous areas are allowed) - instructors and staff will be very clear with all instructions and information - Students will participate in a ski or snowboard lesson - students and staff will take part in a lesson prior to the use of dog sleds

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WATER SPORTS Swimming, Diving, Snorkeling Canoeing, Kayaking, Paddleboats, Boating Surfing, Fishing Waterslides	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - walking without due care on slippery pool decks - walking without due care on beaches or breakwaters - diving into pools, lakes or ocean without checking the depth - not following rules when sliding down waterslides - possible inclement weather (rain, sudden changes in weather or water conditions) - potentially dangerous equipment such as waterslides tow ropes, canoes, kayaks, boats, surf board - other users in or around the water who may not be in control or following instructions - student may not abide by the rules and boundaries set out by the leaders or chaperones - possibility of falling and striking any number of objects - separation from the group - not wearing the proper safety gear when out on the water - boat being overturned due to improper use and/or not following directions of staff / lifeguards 	<ul style="list-style-type: none"> - student's swimming ability is assessed by staff and/or professional lifeguard - adult chaperones are present and accessible to students while on or around the water - students wear appropriate clothing and safety gear in and around the water - chaperones will carry a first aid kit and a cellular phone - staff persons have Emergency 1st Aid - instructors and staff will be very clear with all instructions and information - students must obey all rules when using the pool and riding on waterslides - the pool has life guards on duty - students and staff will take part in a lesson prior to the use of any equipment which is unfamiliar - Students will always wear a lifevest (PDF) when in a canoe, kayak or boat - Students will have a lesson with a certified surfing Instructor - students must always travel in groups of 3 or more and only for agreed upon short periods of time - students will be required to wear proper footwear and clothing for the activity

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Walking, Hiking, Running	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - walking / running without due care and attention - possibility of falling and striking any number of objects - separation from the group - student may not abide by the rules and boundaries set out by the leaders or chaperones - possible inclement weather (rain, sudden changes in weather conditions) - not staying on designated trails when hiking / running - crossing bridges 	<ul style="list-style-type: none"> - staff will carry a first aid kit and a cellular phone - staff persons have Emergency 1st Aid - instructors and staff will be very clear with all instructions and information - students must always travel in groups of 3 or more and only for agreed upon short periods of time - students will be required to wear proper footwear and clothing for the activity - there will be chaperones with the students most of the time
Cycling, Rollerblading, Skateboarding	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - possibility of falling and striking any number of objects - student may not abide by the rules and boundaries set out by the leaders or chaperones - possible inclement weather (rain, sudden changes in weather, snow or wind) - cycling / rollerblading / skateboarding without due care - not wearing the proper safety gear 	<ul style="list-style-type: none"> - students are required to wear a helmet - students will be permitted to sign out bikes for short periods of time - staff will carry a first aid kit and a cellular phone - staff persons have Emergency 1st Aid - students must always travel in groups of 3 or more and only for agreed upon short periods of time - students will be required to wear proper footwear and clothing for the activity - there will be chaperones with the students most of the time
Campfire	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - student may not abide by the rules and boundaries set out by staff - getting too close to the fire - horseplay and falling on or near the fire - possibility of falling and striking any number of objects 	<ul style="list-style-type: none"> - there will be staff with the students at all times - students will be required to wear proper footwear and clothing for the activity - staff will carry a first aid kit and a cellular phone - staff persons have Emergency 1st Aid

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Horseback Riding	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - student may not abide by the rules and boundaries set out by the leaders or chaperones - possibility of falling and striking any number of objects - riding horseback without due care - inability to control horse 	<ul style="list-style-type: none"> - there will be a staff or instructor with the students all of the time - students will be required to always wear a helmet - students will be required to wear proper footwear and clothing for the activity - instructors and staff will be very clear with all instructions and information - riding will take place at a reputable stable
Amusement Rides and Circus School Indoor Climbing Walls Lazer Tag	Injury may result from engaging in this activity in the following environment: <ul style="list-style-type: none"> - potentially dangerous equipment such as amusement park rides, climbing walls and gym apparatus - other users of the equipment who may not be in control or following instructions - student may not abide by the rules and boundaries set out by the leaders or chaperones - possibility of falling and striking any number of objects - using various circus apparatus including a trampoline, trapeze and/or rings and balls without due care - using climbing wall and/or harness with out due care - running in a darkened building for Lazer Tag 	<ul style="list-style-type: none"> - students must obey all rules when riding on amusement rides and circus equipment - students will receive instruction on all circus and climbing apparatus and use safety gear at all times - staff will carry a first aid kit and a cellular phone - staff persons have Emergency 1st Aid - instructors and staff will be very clear with all instructions and information - students will be required to wear proper footwear and clothing for the activity - there will be chaperones with the students most of the time

Injuries that may occur when engaging in the above travel and activities:

- sprained or twisted joints, abrasions, lacerations, bruises and breaks/fractures resulting from a fall or a collision
- hypothermia, concussion

While incredibly rare, the following catastrophic injuries can occur as a result of engaging in these activities:

- paralysis, coma, drowning or death